



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Cocoa Puff Cereal Bar (30)</b>  Animal Grahams(20) Craisins(28) Apple Juice(15) 1% or FF White Milk(13)	<b>WG Cinnamon French Toast(44)</b>  Orange Juice(15) Diced Peach Cup 1% or FF White Milk(13)	<b>Dannon Nonfat Creamy Yogurt (14)</b>  Giant Cinnamon Goldfish(21) Fresh Apple(19) 1% or FF White Milk(13)	<b>French Toast Sticks w/ Syrup(59)</b>  Fresh Banana(23) Orange Juice(15) 1% or FF White Milk(13)	<b>WG Apple Roll (35)</b>  Apple Juice(15) Fresh Orange(19) 1% or FF White Milk(13)
<b>7</b> 546:345:106	<b>8</b> 362:300:72	<b>9</b> 378:295:67	<b>10</b> 585:455:110	<b>11</b> 446:360:82
<b>Trix Cereal(24)</b>  Animal Grahams(20) Craisins(28) Apple Juice(15) 1% or FF White Milk(13)	<b>WG Pancake(58)</b>  Diced Pear Cup Orange Juice(15) 1% or FF White Milk(13)	<b>WG Bagel(30)</b>  Fresh Apple(19) 1% or FF White Milk(13)	<b>Jumbo Waffle(62)</b>  Fresh Banana(23) Orange Juice(15) 1% or FF White Milk(13)	<b>WG Breakfast Ring (29)</b>  Apple Juice(15) Fresh Orange(19) 1% or FF White Milk(13)
<b>14</b> 506:385:100	<b>15</b> 439:390:86	<b>16</b> 498:490:62	<b>17</b> 565:700:113	<b>18</b> 476:390:76
<b>No School</b>	<b>WG Cinnamon French Toast(44)</b>  Orange Juice(15) Mixed Fruit Cup 1% or FF White Milk(13)	<b>Dannon Nonfat Creamy Yogurt (14)</b>  Giant Cinnamon Goldfish(21) Fresh Apple(19) 1% or FF White Milk(13)	<b>WG Pancake(58)</b>  Fresh Banana(23) Orange Juice(15) 1% or FF White Milk(13)	<b>WG Cinnabar (45)</b>  Apple Juice(15) Fresh Orange(19) 1% or FF White Milk(13)
<b>21</b>	<b>22</b> 362:300:72	<b>23</b> 378:295:67	<b>24</b> 528:390:109	<b>25</b> 526:390:92
<b>Golden Grahams(24)</b>  Animal Grahams(20) Craisins(28) Orange Juice(15) 1% or FF White Milk(13)	<b>French Toast Sticks w/ Syrup(59)</b>  Apple Juice(15) Fresh Orange(19) 1% or FF White Milk(13)	<b>WG Bagel(30)</b>  Fresh Apple(19) 1% or FF White Milk(13)	<b>WG Cinnamon French Toast(44)</b>  Orange Juice(15) Mixed Fruit Cup 1% or FF White Milk(13)	
<b>28</b> 506:465:100	<b>29</b> 576:455:106	<b>30</b> 498:490:62	<b>31</b> 362:300:72	



**Thought for Thought**  
My hopes are not always realized, but I always hope. - Ovid

**Tips & Information**

It's a well-documented fact that very first snowman was made in Eau Claire, Wisconsin on January 7, 1809 by Vernon Paul and his 9 year old daughter, Yetty Paul. According to Mr. Paul, he told his daughter that the snowman was intended to frighten away the Boxing Day elves (popular legend said Boxing Day elves reclaimed Christmas presents). Once the Paul family's neighbors saw the snowman, and Yetty explained to her friends how easy it was to make, children all over the town were making snowmen.

12/18/2018 3:26:14 PM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )  
AvgCals:474 AvgSod(mg):399 AvgCarbs(g):86  
"or:" = An alternative selection to choose. "WG"=Whole Grain  
1% White & Fat Free Chocolate Milk available daily.

**\*\*Menu Subject to Change\*\***  
This institution is an equal opportunity provider.

