

MMSA Dequindre MS/HS Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Slice Fresh Broccoli & Ranch Dressing Fresh Apple 1% White or FF Flavored Milk 2	Vegetarian Chili w/Cheese and Corn Bread Loaf Baby Carrots w/ Ranch Diced Pears 1% White or FF Flavored Milk 3	Halal Beef Sloppy Joe on WW Bun Baked Green Beans Fresh Orange 1% White or FF Flavored Milk 4	Cheese Quesadilla Mexican Pinto Beans Fresh Banana 1% White or FF Flavored Milk 5	Halal Chicken Patty on Wheat Bun Potato Wedges Fruit mix 1% White or FF Flavored Milk 6
Pizza Slice Romaine w/ Dressing Fresh Apple 1% White or FF Flavored Milk 9	Halal Beef Nachos & Cheese Mexican Salsa Diced Pears 1% White or FF Flavored Milk 10	Macaroni & Cheese with WG Dinner Roll Baked Green Beans Diced Peaches 1% White or FF Flavored Milk 11	Pizza Slice Baby Carrots w/ Ranch Fresh Apple 1% White or FF Flavored Milk 12	Halal Hot Dog on Wheat Bun Baked Beans Fruit mix 1% White or FF Flavored Milk 13
Pizza Slice Baby Carrots w/ Ranch Fresh Apple 1% White or FF Flavored Milk 16	Halal Hamburger on Wheat Bun Baked Beans Diced Peaches 1% White or FF Flavored Milk 17	Halal Chicken Nuggets With WG Goldfish Crackers Baked Green Beans Fruit mix 1% White or FF Flavored Milk 18	Halal Beef Taco w/ WW Tortilla and Spanish Rice Corn Obrien Fresh Banana 1% White or FF Flavored Milk 19	Mostaccioli w/ Halal Ground Beef and WW Dinner Roll Romaine w/ Dressing Diced Pears 1% White or FF Flavored Milk 20
No School 23	No School 24	Happy Holidays! 25	No School 26	No School 27
No School 30	No School 31			



Thought for Thought

I am too much of a skeptic to deny the possibility of anything. - Thomas H. Huxley [1900]

Tips & Information

The oldest pair of skates known date back to about 3000 B.C., found at the bottom of a lake in Switzerland. The skates were made from the leg bones of large animals, holes were bored at each end of the bone and leather straps were used to tie the skates on. Around the 14th Century, the Dutch started using wooden platform skates with flat iron bottom runners. The skates were attached to the skater's shoes with leather straps.

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"or." = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.



****Menu Subject to Change****